

## Midlife Women's Health 2020: A Multi-Disciplinary Approach to Care – Agenda

7:15 am	<b>Continental Breakfast</b>
7:45	<b>Welcome &amp; Introductory Remarks</b> Jan Shifren, MD
8:00	<b>Breast Cancer Update for 2020</b> T Salewa Oseni, MD
8:45	<b>Osteoporosis – Top 5 Questions of Midlife Women</b> Marc Wein, MD, PhD
9:30	<b>Managing Midlife Gastroenterology Problems</b> Kyle Staller, MD, MPH
10:15	<b>Coffee Break</b>
10:30	<b>Hypertension in Women: Unique Risk Factors</b> Amy Sarma, MD
11:15	<b>Role of Physical Therapy to Optimize Midlife Sexual and Physical Wellbeing</b> Hollis Herman, DPT
12:00 pm	<b>Lunch</b>
1:00	<b>Update on Vaccines: Routine and Travel</b> Edward Ryan, MD
1:45	<b>Alternative Approaches to Health and Well-being for Aging Women</b> Darshan Mehta, MD, MPH
2:30	<b>Approach to the Challenging Midlife Patient with Empathy</b> Helen Riess, MD
3:15	<b>Coffee Break</b>
3:30	<b>Menopausal Hormone Therapy – Benefits and Risks Revisited</b> Kathryn Martin, MD,
4:15	<b>All you Wanted to Know About Menopause, But Were Afraid to Ask</b> <i>Panel of Experts:</i> Isaac Schiff, MD; Deborah Kwolek, MD; Linda Kelly, DNP, ANP-BC; Sujata Somani, MD
5:00 pm	<b>Program Adjourns</b>