Dr. Smink - Nissen Fundoplication Pathway

**In general:**

No PPI or H2 blockers, either postop or when they go home. (Smink)

PPI post-op and at discharge (Tavakkoli - clarify dose and duration)

Crush all meds for 2 weeks.

**Postop day 0:**

Clear liquid diet

Zofran prn

PCA if patinet with chronic pain, otherwise dilaudid IV prn

Toradol is OK for Nissen patients only, but not for paraesophageal hernia repairs

**Postop day 1:**

Remove Foley if doing well

Full liquids (no carbonated beverages)

Switch to oxycodone elixir

Nutrition consult for post-Nissen diet

OK to D/C home if tolerating full liquids and has seen Nutrition

Full liquid diet for 2 weeks

No carbonated beverages and crush all pills for 2 weeks

**Postop day 2:**

D/C home with same instructions above if needs to stay another night

Follow up

F/U with me in 2 weeks