S S T E P

Superior Surgical and Trauma Care for Elders Pathway

PGY-1:

1. Patients are admitted to the SSTEP pathway by the ED PGY-3 surgical resident. There is a standardized admission order panel titled **"SSTEP (Frailty) order panel"** that they use in conjunction with the admission order set.

2. When arrive to floor, **ensure admission orders are in place**. Use the pocket card (located in 12th floor workroom) for reference

3. If you patient is delirious, use the **delirium algorithm** located on the back of the pocket card. Contact geriatrics if any questions regarding management.

4. Ensure you include fall prevention discharge instructions at discharge **(.dcinsstep)**.

PGY-2:

1. Patients are admitted to the SSTEP pathway by the ED PGY-3 surgical resident. There is a standardized admission order panel titled **"SSTEP (Frailty) order panel"** that they use in conjunction with the admission order set.

2. When arrive to floor, **ensure admission orders are in place**. Use the pocket card (located in 12th floor workroom) for reference

3. If you patient is delirious, use the **delirium algorithm** located on the back of the pocket card. Contact geriatrics if any questions regarding management.

4. Ensure you include fall prevention discharge instructions at discharge **(.dcinsstep).**

PGY-3:

1. Screen every Code Alpha or Code Trauma $\geq$ 65y for frailty using the **FRAIL scale** (Printed by computers in ED and on pocket card - extras in 12th floor workroom)

2. Indicate which of the FRAIL criteria are positive in your admission note **(.bwhgsstepadmission)**

3. Use the **SSTEP (Frailty) order panel** in conjunction with your admission order set

PGY-4:

1. Every Code Alpha/Trauma $\geq$ 65y should be screened for frailty using the **FRAIL scale**

2. Pts are admitted to the SSTEP pathway by the ED PGY-3 surgical resident. There is a standardized admission order panel titled **"SSTEP (Frailty) order panel"** that they should use in conjunction with the admission order set.

3. RCs should **ensure all orders are placed correctly** upon a patient's arrival to the floor/ICU.

4. If your patient is delirious, RCs should use the **delirium algorithm** on their pocket card. If RCs have questions during daytime hours, they can contact geriatrics for assistance.

5. At discharge, pts should receive **fall prevention instructions** from the RC (.dcinsstep).

PGY-5:

1. Every Code Alpha/Trauma $\geq$ 65y should be screened for frailty using the **FRAIL scale**

2. Pts are admitted to the SSTEP pathway by the ED PGY-3 surgical resident. There is a standardized admission order panel titled **"SSTEP (Frailty) order panel"** that they should use in conjunction with the admission order set.

3. RCs should **ensure all orders are placed correctly** upon a patient's arrival to the floor/ICU.

4. If your patient is delirious, RCs should use the **delirium algorithm** on their pocket card. If RCs have questions during daytime hours, they can contact geriatrics for assistance.

5. At discharge, they should receive **fall prevention instructions** from the RC (.dcinsstep).

If you have any questions about SSTEP, please contact:
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