

8:00 AM Introductions

Patricia Andrade, MD - Master of the Ceremony

8:15 Remarks by CV Minister of Health

Filomena Mendes Gonçalves, JD

8:30 Welcome by Cabo Verdean Doctors

Danielson Veiga MD, Valeria Semedo MD,
Luis Manuel Dias Andrade MD, Herondina Borges MD

8:40 CVAMS Presidential Keynote: A Quest for

Healthcare Equity in Cabo Verde & the Diaspora
Julio Teixeira, MD

Educational & Cultural Exchange: Team Reports

Moderator: Patricia Andrade, MD

9:00 Cardiology

Doreen DeFaria Yeh, MD

9:20 Primary Care/Pediatrics/Nephrology

Isabel Lopes, MD

9:40 Surgery

Patricia Andrade, MD

10:00 Mental Health

Adriano Cabral, MEd., CAGS

10:20 Palliative Care

Fatima Maria Barros, RN

10:30 Coffee Break

10:40 Panel Discussion

Moderator: Madelaine Tully, MD
Anibal Melo MD, Paulo Pina MD, David Earle MD,
Jason Sherer MD, Nivia Vieira RD, Adriano Cabral,
MEd., CAGS, Idalina Suzanne Afopa APN; Maria
Fatima Barros RN, MSN

Outcomes Research in the Cape Verdean Diaspora

11:10 What We Learned from Our Scientific

Exchange: Data from CVAMS

Patricia Andrade, MD

Isabel Lopes MD, Merrian Brooks DO, MS, Oyere K.
Onuma MD, David Earle MD

11:30 Perspectives on Hypertension in the New

England Cape Verdean Community

Samantha Deandrade, MD, MPH (Recorded)

11:40 Health Care Disparities in Our Community:

The Need for Outcomes Research

Leny Dias-Cunha MD, Djanira Fernandes MD

11:50 Discussion/Q&A

12:00 PM Lunch & Networking

Identifying and Addressing the needs of Cabo Verdeans in the Diaspora

Chair: Chair: Elizabeth Gomes, DO

1:00 Mental Health in the Diaspora

Adriano Cabral, Med., CAGS

Mental Health Breakouts -Potts

(see next page for agenda)

1:20 Perspectives on the Cabo Verdean Experience in
Brockton

Aminah Pilgrim, PhD

1:40 Health & Disease in Minority Communities
in Massachusetts: The Case of CV

John Barros

2:00 Panel: Challenges & Opportunities - Working
within the CV Community

Chair: Patrice Alves, MD

Gabriella Spinola, Elizabeth Gomes DO, Antonio
Mendes MD, Nivia Vieira RD, Maria Fatima Barros RN,
MSN, Darlene Spencer

Developing healthcare capacity in Cabo Verde to diagnose and treat Cardiovascular Disease and Cancer

2:40 Principles of Conscientious Global Healthcare
Oyere K. Onuma, MD

3:00 Advancing Cardiovascular Care in Cabo Verde
Doreen DeFaria Yeh MD, Oyere K. Onuma MD & Luis
Dias Andrade, MD

3:20 Facilitating Cancer Screening & Treatment in Cabo
Verde

Patricia Andrade MD, Carla Barbosa MD, Nicholas Tawa
MD, Herondina Borges MD

3:50 Palliative care in Cabo Verde: plans for the future by
Valeria Semedo MD

4:00 Advancing Cataract Surgery in Cabo Verde
Roberto Pineda, MD

4:15 Break

Topics in Developing a First Response & Emergency Care Infrastructure in Cabo Verde

4:25 What are the Challenges of Emergency Medicine in
Cabo Verde

Julio Teixeira MD

Danielson Veiga MD, Tim S. Johnson MD, Joseph Gomes
DO, Claudia Fontes MD, Robert Teixeira MD

4:45 Wrap Up & Saturday Preface

Patricia Andrade, MD

Mental Health Breakout Room

Potts Conference Room

Trauma Informed Care

1:40 Introduction

Maritsa Barros, EdD, MS

2:00 Historical Context:

Adriano Cabral, MEd., CAGS,
Carlos Semedo LMHC

- Dissection of the significance of colonial trauma, immigration, assimilation, colorism, family separation and classism
- Overview of domestic violence, sexual abuse, substance abuse, depression, suicide, homicide and gang violence in Cabo Verde and the Diaspora
- Defining Trauma Informed Care

2:30 Table Topic Discussions

Participants will start at their table of choice and have the opportunity to engage in multiple topic discussions. Every ten minutes a new round of discussions will begin for participants to join. (4-5 rounds)

3:30 Therapeutic Approaches and Healing Practices for Cape Verdean Communities

Elisa Cabral MS, Kimberly Coto LISCW, Adriano Cabral MEd, CGAS

4:00 Q&A

4:45 Closing Circle Activity

Maritsa Barros, EdD, MS

Day 2: Saturday, October 7, 2023

8:00 AM Continental Breakfast at the Hotel

Panel Discussions & Breakout Sessions

9:00 Creating the Vision:

Transforming it into Action

Speaker: Francisco Borges

9:00 - 11:00 Self Care Workshop: Identify the signs of burn-out and accumulative stress in oneself and others.

Potts Conference Room

Neusa Araujo & Carlos Semedo LMHC

9:10 What is the Value of Mission Trips?

Joao Tavares MD
Roberto Pineda MD, David Earle MD, Carla C. Moreira MD, Anibal Melo MD, Daniel Monteiro MD, João Spencer MD, Alecia Rodrigues

10:10 What is the Value of Donations?

Octavio Borges MD
Maria Fatima Barros RN, MSN, Patricia Andrade MD, Luis Manuel Dias Andrade MD, Luis Spencer Barros, Roberto Amado MD, Patrice Alves MD

10:40 How Do We Integrate Medical Education?

Doreen DeFaria Yeh, MD
Danielson Pereira Barreto da Veiga MD, Julio Teixeira MD, Valeria Semedo MD, Nancy De Sousa PhD MPH, Nicholas Tawa MD, Hirondina Borges MD

11:10 Introduction to Working Groups

Julio Teixeira, MD

11:30 Closing Remarks

Patricia Andrade MD, Julio Teixeira MD, Doreen DeFaria Yeh MD